



# Does your child have ADD or ADHD?

Maybe you have it too?

## York Region Chapter Of Parents for Children's Mental Health

Invites you to be Informed, Inspired and Entertained by  
**Rick Green**



Rick Green is an award winning producer, director, writer and comedic performer who has made hundreds of innovative television, radio and stage shows including: *History Bites*, *The Red Green Show*, *Prisoners of Gravity* and *The Frantics*.

Like many adults with Attention Deficit Hyperactivity Disorder (aka ADHD or ADD), Rick Green first suspected he might have the disorder when one of his children was being diagnosed. Rick realized he scored higher on the tests than his child. This appealed to his competitive streak.

*"Everything I used to know about ADHD was wrong. Getting a proper diagnosis and treatment was transformational; like losing 400 pounds, only from the mind rather than the body. I was more productive with far less wear and tear on my soul. Everyone deserves to have this feeling of being in charge of their life, rather than being a confused victim of mysterious whims. It's possible." Rick Green*

Arrangement for the appearance of Rick Green made through Big Brain Productions Inc. (Mississauga, On) and Totally ADD.

Rick is the co-founder of [TotallyADD.com](http://TotallyADD.com) which is a resource and community for anyone affected by ADHD. It will transform the way you think of ADHD.

**WHAT** Parenting a Child with ADHD- Education, Strategies and Oh Look, a Cow!

**WHEN** Tuesday October 11, 2011  
6:30pm to 9:00pm

**WHERE** The York Centre for Children Youth and Families  
11225 Leslie Street, Richmond Hill, Ontario L4S 1N5

**HOW** For tickets go to [www.pcmhyr1.eventbrite.com](http://www.pcmhyr1.eventbrite.com)

**COST** \$10 Seating is limited. Reserve your seats now!

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